



Susie Goodall sets off on her solo voyage around the world as the 2018 Golden Globe Race begins in Les Sables d'Olonne, France

- **DHL Express, Susie's Founding and Official Logistics Partner, will continue to provide support on her journey**
- **DHL Express CEO Ken Allen: "The qualities she'll need to take on this incredible challenge mirror the values we all share at DHL Express."**

Les Sables d'Olonne, France, July 1st, 2018: After years of preparation, Susie Goodall embarks on her non-stop solo voyage around the world as the Golden Globe Race 2018 officially begins today. She is the only female and the youngest competitor amongst 19 sailors attempting to complete the journey without any outside assistance or modern equipment, recreating the conditions of the original race won by Sir Robin Knox-Johnston in 1969. DHL Express has been proud to provide logistics support for Susie throughout her preparations, including rebuilding the engine and bringing items such as solar panels and watertight doors from around the world to refurbish the vessel. They even launched a competition to choose a new name for the boat – now called DHL Starlight – that will be her home for the best part of a year.

"It's a great feeling to have helped deliver Susie to the start line. We'll all watch on with an immense amount of pride when she sets sail on July 1st. But the fact that she'll complete the race around the time of our 50th anniversary makes it even more special for everyone at DHL," said Ken Allen, CEO, DHL Express. "This has been her dream from a young age and her determination and perseverance to make it a reality are truly inspiring. The qualities she'll need to take on this incredible challenge mirror the values we all share at DHL Express. She'll need speed to win the race. She'll need a can-do spirit in the face of adversity. She'll need to get things right first time. And she'll need passion to keep going when the chips are down. She may be sailing on her own, but 100,000 DHL Express employees in over 220 countries and territories worldwide are behind her all the way."

Once the race is underway, DHL's support will continue for example through the DHL radio network. From stations in multiple continents, DHL will contact Susie by SSB radio to keep her updated with world events, as well as exchanging messages between her and her family and friends.

"In some ways, it's a relief to be finally starting the race," said Susie. "It's taken a lot of hard



work and preparation just to reach this position, and I could not have done it without the support of DHL. 300 days is a long time to be alone, however knowing that DHL's 100,000 employees are supporting me is a massive help, making me feel connected to the rest of the world even in the middle of the ocean. It's something only a company with truly global reach can achieve."

Susie and her fellow competitors set sail from Les Sables d'Olonne, France today. Their 48,000 km voyage will traverse the three Great Capes before returning to Les Sables d'Olonne in 2019.

To keep up to date with Susie's journey, visit discover.dhl.com

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You can find the press release for download as well as further information on dpdhl.com/pressreleases

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DHL is part of Deutsche Post DHL Group. The Group generated revenues of more than 60 billion euros in 2017.

Susie Goodall Racing

British-born Susie Goodall is the only female competitor and the youngest participating in the 2018 Golden Globe Race – a solo, non-stop round-the-world yacht race.

Susie started sailing with her family aged three. She spent her early years racing lasers before moving onto bigger boats and working further afield.

Although Susie knew of the original race, she first heard about the 2018 Golden Globe Race through a friend. After signing up and getting accepted, she set about planning and preparing for the race.

Susie has spent the past two years preparing for the Golden Globe Race. She has, amongst other things, clocked up over 8,000 solo training miles getting to know the boat and how best to set it up for solo sailing around the world. Her Rustler 36 has also undergone extensive refurbishment to get it race ready. This has included strengthening and structural work getting the boat Southern Ocean ready, replacing every skin fitting, fitting a solid hood, a new engine, a collision bulkhead and another watertight bulkhead.

<https://susiegoodall.co.uk/>

The Golden Globe Race – Stepping back to the ‘Golden Age’ of solo sailing

Like the original Sunday Times event back in 1968/9, the 2018 Golden Globe Race is very simple. Depart Les Sables d’Olonne, France on July 1, 2018 and sail solo, non-stop around the world, via the three Great Capes and return to Les Sables d’Olonne.

Entrants are limited to use the same type of yachts and equipment that were available to Sir Robin Knox-Johnston in that first race. That means sailing without modern technology or benefit of satellite based navigation aids. Competitors must sail in production boats between 32ft and 36ft overall (9.75 – 10.97m) designed prior to 1988 and having a full-length keel with rudder attached to their trailing edge. These yachts are heavily built, strong and steady, similar in concept to Sir Robin’s 32ft vessel Suhaili.

This anniversary edition of the Golden Globe Race is a celebration of the original event, the winner, his boat and that significant world-first achievement. The challenge is pure and very raw,



placing the adventure ahead of winning at all costs. It is for 'those who dare', just as it was for Knox-Johnston. They will be navigating with sextant on paper charts, without electronic instruments or autopilots. They will hand-write their logs and determine the weather for themselves. Only occasionally will they talk to loved ones and the outside world when long-range high frequency and ham radios allow.

It is now possible to race a monohull solo around the world in under 80 days, but sailors entered in this race are expected to spend between 240 – 300 days at sea, challenging themselves and each other.

Safety

The yachts will be tracked by satellite 24/7, but competitors will not be able to interrogate this information unless an emergency arises and skippers can break open a sealed box containing a GPS. Doing this however, has consequences. By breaking the seal, competitors will be deemed to have retired from the Golden Globe Race, and will be relegated to the Gipsy Moth Class as if they had made a stop.

The Race in Numbers

- The course: 30,000 miles around the three Great Capes (Good Hope, Leeuwin and Cape Horn) with 2 rendezvous gates
- 19 entrants
- Competitors represent 13 countries: America (1) Australia (2) Britain (3) Estonia (1) Finland (1) France (4) Ireland (1) India (1) Italy (1) Netherlands (1) Norway (1) Palestine (1) Russia (1)
- Oldest competitor: Jean-Luc van den Heede (FRA) 72
- Youngest competitor: Susie Goodall (GBR) 28